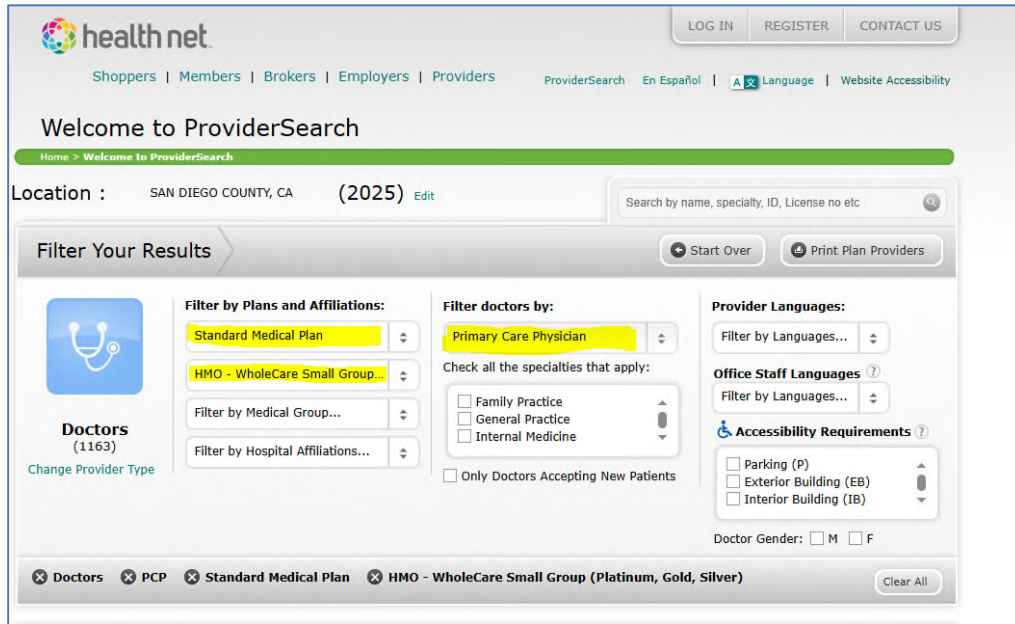


Provider Search and Selecting a Primary Care Physician

When searching for a provider, make sure to select the plan you are enrolling in:

- HMO WholeCare Small Group (Platinum, Gold, Silver),
- HMO Salud HMO y Mas Large/Small Group (Platinum, Gold, Silver)
- PPO Large/Small Group (Platinum, Gold, Silver, etc)



health net

LOG IN REGISTER CONTACT US

Shoppers | Members | Brokers | Employers | Providers

ProviderSearch En Español Language Website Accessibility

Welcome to ProviderSearch

Home > Welcome to ProviderSearch

Location : SAN DIEGO COUNTY, CA (2025) Edit

Search by name, specialty, ID, License no etc

Filter Your Results Start Over Print Plan Providers

Doctors (1163) Change Provider Type

Filter by Plans and Affiliations:

- Standard Medical Plan
- HMO - WholeCare Small Group
- Filter by Medical Group...
- Filter by Hospital Affiliations...

Filter doctors by:

Primary Care Physician

Check all the specialties that apply:

- ☐ Family Practice
- ☐ General Practice
- ☐ Internal Medicine

☐ Only Doctors Accepting New Patients

Provider Languages:

Filter by Languages...

Office Staff Languages

Filter by Languages...

Accessibility Requirements

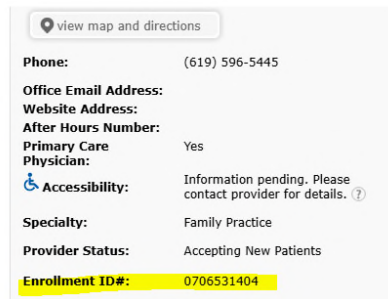
- ☐ Parking (P)
- ☐ Exterior Building (EB)
- ☐ Interior Building (IB)

Doctor Gender: ☐ M ☐ F

Doctors PCP Standard Medical Plan HMO - WholeCare Small Group (Platinum, Gold, Silver) Clear All

Once you locate a provider, note the Enrollment ID# and follow the instructions below:

Donald S Adema, D.O.



view map and directions

Phone: (619) 596-5445

Office Email Address:

Website Address:

After Hours Number:

Primary Care Physician: Yes

Accessibility: Information pending. Please contact provider for details.

Specialty: Family Practice

Provider Status: Accepting New Patients

Enrollment ID#: 0706531404

- [Log in](#) to the Health Net member portal
- After you log in, use ProviderSearch to verify the PCP is in your Health Net plan and get his or her Provider ID number.
 - The first set of results in Provider Search will be Health Net plan doctors within a 10-mile radius of your home. Click the "Change Location" link to search a different or larger area.
 - Search for the PCP you want by name or other Search Filter options
 - Copy or note his or her Provider ID Number
- Go to your **Profile**
- Select **PCP/Medical Group** and follow the steps to make your choice.
- Verify your information is correct and click **Submit**.
- Select a PCP for yourself and for each family member you signed up